



RYT-200/250/350

Supporting evidence for Continuing Education

Updated 30.5.2019

The following evidence is considered acceptable in substantiating an activity within the appropriate Continuing Education category:

1. Certificate of completion/attendance issued by the provider of Continuing Education activity (workshop, seminar, conference attended) specifying the title of the activity and the participant's name. In cases where no certificate or receipt is available, a letter from the training provider that confirms attendance is required.
2. Certificate of completion/attendance in mentoring programme with and experienced teacher. A signed statement from the supervising teacher verifying this attendance is required.
3. Certificate of completion/attendance in a yoga training programme. The provider must supply to each participant an authenticated record of attendance specifying provider's name, title of programme, date of program, number of contact hours/non-contact awarded for successful completion of the programme.
4. In the case of attendance at another yoga teacher's regular yoga class, a signed statement from that teacher, verifying this attendance and the number of hours (only 5 hours are accepted).
5. In the case of book or DVD authoring, the author's own estimate of required hours, together with a copy of the completed article/book/presentation or DVD, will be accepted.
- 6. Where none of the evidence above listed is available, the member is required to submit a statutory declaration of activities undertaken, this can also include teaching hours accrued. The declaration must state the site/s where worked and address. Please download the SD [Here](#)**

Important Notices:

- Yoga classes' hours taught either on a one to one basis, at home or studio that has NOT been publicly advertised does NOT qualify for continuing education purposes.
- Letters from students, business partner/s, family, friends that attended the teacher's classes are not valid as evidence of teaching hours.
- It is the individual teacher who is responsible for maintaining registration and meeting requirements for renewal of registration.